

934 East Main Road • RT 138
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 www.thegreengrocerri.com
 Monday - Saturday 9 to 8 and Sunday 10 to 5



The Green Grocer

Healthy People, Wholesome Environment

Good From: 03/01/2010 Thru: 03/26/2010



Organic Produce



Bulk
 Organic Wild Dried Blueberries
\$14⁹⁹



New England Natural Bakers
 Magical Mystery Trail Mix
\$5⁴⁹



Amy's
 Organic Black Bean Vegetable Enchilada
 9.5 OZ
2/\$7

Filled with a blend of organic black beans, tofu and vegetables and covered with a traditional Mexican sauce.

Good Nutrition Naturally!



Arrowhead Mills Inc
 Organic Pastry Flour
 Whole Grain 2#
2/\$5

A finer texture and lighter consistency with lower gluten and hard winter wheat flour.



Frontier Herb
 100% Organic Vanilla Extract
 4 OZ
\$6⁷⁹

Top quality, pure vanilla extract makes the best baked goods!



Rapunzel
 Organic Cocoa Powder
 7.1 OZ
\$4⁹⁹

Whenever your recipe calls for cocoa powder, there is a certified organic alternative.



Spectrum Naturals
 Organic Canola Oil
 Refined 32 OZ
\$8⁶⁹

This heart healthy oil has a neutral flavor and can take high heat without smoking.



Spectrum Naturals
 Organic Shortening
 24 OZ
\$5⁴⁹

An all-natural alternative to conventional hydrogenated shortening. No trans fats and less fat than butter.



Wholesome Sweeteners
 Organic Sugar
 Milled Unrefined 2 LB
\$3⁹⁹

Excellent for baked goods. No additives or preservatives.



Woodstock Farms
 Almond Butter
 Natural Raw 16 OZ
\$7⁹⁹

Our almond butter is processed with minimal additional heat to preserve the delicate almond flavor.



Woodstock Farms
 Organic Thompson Raisins
 16 OZ
\$4⁵⁹

Made from your favorite white grapes, these raisins were grown free of artificial chemicals.



Friend us on Facebook! Follow us on Twitter!



Applegate Farms
Sunday Bacon 2/\$7
 Antibiotic Free



Applegate Farms
Chicken & Apple Breakfast Sausage 8 OZ
\$4²⁹

Seasoned just right with honey, cinnamon and apples, low in fat, wholesome and delicious.



Natural Sea
Alaskan Pollock Fish Fillet 7.2 OZ
\$3⁹⁹



Earth Balance
Buttery Spread With Olive Oil 13 OZ
2/\$7

Now you can enjoy the rich buttery taste with a hint of olive oil.



Eden Foods
Organic Cannellini Beans 15 OZ
\$1⁷⁹

An essential Italian staple food used in salads and the classic soup, Minestrone.



Imagine Foods
Organic Broth No-Chicken 32 OZ
\$3²⁹



Annie's Homegrown
Organic Cheddar Bunnies Snack Mix 9 OZ
\$3⁴⁹

Three delicious and complementary flavors-cheddar, buttery rich, and pretzel-brought together in one box.



Natural Sea
Light Chunk Yellowfin Tuna Salted 6 OZ
\$1⁷⁹

Richest in flavor Yellow Fin tuna is preferred for grilling, and for Japanese raw fish delicacies.



Pacific Natural Foods
Organic Low Sodium Chicken Broth 32 OZ
\$2⁷⁹

A favorite for delicious, healthy recipes, fat free and gluten free. Certified all natural and organic ingredients.



Clif Bar
Peanut Butter Builder's Bar 2.4 OZ
\$1¹⁹

For consumers who want to get more protein in their diets without having to sacrifice the benefits of all-natural ingredients or great taste.



Rapunzel
Vegetarian No Salt Bouillon 2.4 OZ
2/\$5

This delicious organic bullion is all flavor and no salt.



Wasa Crispbread
Whole Wheat Crispbread 10.9 OZ
\$2¹⁹

Top it with fruit, veggies, peanut butter, you name it. The choices are endless!



Steaz
Organic Diet Berry Energy Drink 4/12 OZ
\$5⁹⁹

All natural and made with Guayaki Yerba Mate - nature's most balanced stimulant.



Woodstock Farms
Organic Peanut Butter Smooth; Unsalted 16 OZ
\$4⁴⁹

Creamy, smooth peanut butter from organically grown peanuts with no added salt.



Crofters
Organic Concord Grape Jelly 11 OZ
\$2²⁹

All the flavor comes from the organic fruit and the careful preparation which preserves their natural goodness.