

deals

Now 2x monthly!

April 30–May 13, 2025

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**Organic Valley
Organic Shredded
Cheese**
selected varieties

\$3.99

6 oz



poppi
Prebiotic Soda
selected varieties

\$1.79

12 oz

Stock up on delicious snacks

**Chocolove
Chocolate Bar**
selected varieties

2/\$6

2.9–3.2 oz



**Larabar
Fruit & Nut Bar**
selected varieties

5/\$5

1.6–1.7 oz



**Panda
Licorice**
selected varieties

2/\$6

7 oz



**The Good Crisp Company
Potato Crisps**
selected varieties

2/\$5

5.6 oz



**Late July
Tortilla Chips**
selected varieties

2/\$7

7.8 oz



**Mary's Gone Crackers
Organic Crackers**
selected varieties

\$3.29

5 oz



**GT's
Alive Ancient Mushroom Elixir**
selected varieties

2/\$6

16 oz



**The Mountain Valley
Spring Water**

\$2.29

1 lt



**Harmless Harvest
Organic Coconut Water**

\$4.29

16 oz



Look for new deals on **May 14!**

Annie's
Organic Mac & Cheese
 selected varieties

2/\$6

6 oz



Lotus Foods
Rice Ramen
 selected varieties

\$1.59

2.8 oz



Ancient Harvest
Organic Polenta
 selected varieties

\$2.79

18 oz



California Olive Ranch
Extra Virgin Olive Oil
 selected varieties

\$12.99

16.9 oz



California Olive Ranch
Extra Virgin Olive Oil
 selected varieties

\$17.99

25.4 oz



California Olive Ranch is exceptionally committed to high quality Extra Virgin Olive Oil. Our award-winning Global Blend Extra Virgin Olive Oil is crafted by the world's best olive growers, offering a balanced flavor that's perfect for everyday cooking.

Rao's
Pasta Sauce
 selected varieties

\$6.79

24 oz



Vegan Rob's
Puffs
 selected varieties

\$2.79

3.5 oz



Set the table with Siete Foods! Siete is a Mexican-American food brand that creates delicious heritage-inspired products with thoughtfully selected ingredients—like avocado oil and organic beans.

Enjoy Siete's Refried Black Beans (and more!) with friends and familia because *Juntos es Mejor*.



Siete
Seasoning
 selected varieties

2/\$4

1-1.31 oz



Siete
Refried Beans
 selected varieties

\$2.29

15.5-16 oz



Siete
Kettle Cooked Potato Chips
 selected varieties

2/\$6

5.5 oz

Chicken Nachos

20 MIN • SERVES 4

INGREDIENTS

- 1 pound ground chicken
- 1 packet **Siete** taco seasoning
- 1 5-7.5 oz bag **Siete** tortilla chips
- 2 large Roma tomatoes, seeded and chopped
- 1 15 oz can pinto beans, rinsed and drained
- ½ cup thinly sliced red onion
- 1 small jalapeno, thinly sliced
- 8-12 ounces shredded Mexican blend cheese
- ½ cup cilantro leaves
- ½ cup sour cream
- ½ cup salsa

DIRECTIONS

- 1 Cook ground chicken by following the spice packet instructions.
- 2 To assemble nachos, place tortilla chips on a baking sheet then evenly distribute cooked chicken, tomatoes, beans, red onion, jalapeno, and cheese.
- 3 Bake for 15 minutes at 375°F or until heated through and cheese has melted.
- 4 Garnish nachos with cilantro and serve with sour cream and salsa.



Inka Crops Plantain Chips

selected varieties

\$2²⁹

3.25–4 oz



RW Garcia Organic Corn Chips

selected varieties

\$3⁷⁹

7.5–8.25 oz



Food Should Taste Good Tortilla Chips

selected varieties

\$3²⁹

5.5 oz



Jacksons Sweet Potato Chips

selected varieties

2/\$6

5 oz



Gimme Health Foods Organic Roasted Seaweed Snacks

selected varieties

\$1⁵⁹

0.32–0.35 oz



Vermints Organic Breath Mints

selected varieties

\$2²⁹

1.41–1.74 oz



Serenity Kids Organic Baby Food Pouch

selected varieties

3/\$6

3.5 oz





For over thirty years, Nature's Path has been a pioneer in the organic food movement. Although our family-owned company was founded in 1985, we have a long tradition of organic food and farming that began much earlier. It is our mission to provide families with nourishing organic foods while leaving the earth better than we found it!



Nature's Path Organic Mesa Sunrise
selected varieties

\$7⁴⁹

23–26.4 oz



Nature's Path Organic Heritage Flakes
selected varieties

\$8⁹⁹

26.4–32 oz



Nature's Path Organic Oatmeal
selected varieties

\$3⁴⁹

8 pkt

Solely Organic Fruit Jerky
selected varieties



\$1²⁹

0.8 oz

Taza Chocolate Organic Chocolate Discs
selected varieties



\$3⁷⁹

2.7 oz

Dr. Bronner's Organic Chocolate Bar
selected varieties



\$3²⁹

2.93–3 oz

Theo Chocolate Organic Chocolate Bar
selected varieties



2/\$7

3 oz

Pascha Chocolate Organic Baking Chips
selected varieties



\$8⁴⁹

7–8.8 oz

MadeGood Organic Crispy Squares
selected varieties



\$2⁷⁹

6 ct

Perfect Bar Protein Bar
selected varieties



2/\$5

1.94–2.5 oz

**Crofter's Organic
Organic Premium Fruit Spread**
selected varieties

\$4⁷⁹

16.5 oz



**From The Ground Up
Cauliflower Crackers**
selected varieties

\$3²⁹

4 oz



**Catalina Crunch
Keto Friendly Cereal**
selected varieties

\$6⁴⁹

8-9 oz



**R.W. Knudsen
Morning Blend Juice**

\$3⁴⁹

32 oz



**Vita Coco
Coconut Water**
selected varieties

\$3⁷⁹

1 lt



**Forager Project
Organic Cashew & Coconut
Yogurt Alternative**
selected varieties

\$4⁷⁹

24 oz



**Waterloo
Sparkling Water**
selected varieties

\$5²⁹

12/12 oz



**Three Trees
Organic Almondmilk**
selected varieties

\$5⁴⁹

28 oz



**Vermont Creamery
Creme Fraiche Cup**

\$3⁴⁹

8 oz



**Kerrygold
Cheese**
selected varieties

\$4⁴⁹

7 oz



**Bubbies
Sauerkraut**
selected varieties

\$6⁹⁹

25 oz



**Vista Hermosa
Corn Tortillas**

\$3²⁹

7.2 oz



**Canyon Bakehouse
Gluten Free Bread**
selected varieties

\$5⁴⁹

18 oz



**Dr. Praeger's
Veggie Burgers**
selected varieties

\$3⁹⁹

10-11 oz



**Woodstock
Organic Vegetables**

selected varieties

\$2⁹⁹

10 oz



**GoodPop
Organic Dairy-Free Frozen Pops**

selected varieties

\$3⁹⁹

4 ct



**Nuun
Sport Hydration Tablets**

selected varieties

\$4⁷⁹

10 ct



HAPPY
Mother's
DAY

DIY Floral Food

5 MIN • MAKES 1 QUART

INGREDIENTS

- 1 quart warm water
- 2 tablespoons cane sugar
- 2 tablespoons lemon juice or
- 1 tablespoon citric acid
- 1 tablespoon white vinegar

DIRECTIONS

- 1 Combine all ingredients in a pitcher and stir until dissolved.
- 2 Fill a clean vase with mixture.
- 3 Cut flower stems and arrange in vase.
- 4 For the longest lasting blooms, refresh every three days. Clean vase and rinse flower stems. Add fresh DIY Floral Food. Recut stems and rearrange. Keep bouquet out of direct sunlight.



Organic India
Organic Psyllium Husk

\$11⁹⁹

12 oz



Oregon's Wild Harvest
Organic Milk Thistle Dandelion

\$23⁹⁹

90 ct



Vital Planet
Advanced Biome Probiotic

\$49⁹⁹

30 ct



Vibrant Health
Green Vibrance

\$45⁹⁹

330 g



Carlson
Cod Liver Oil

\$38⁹⁹

500 ml



Garden of Life
Dr. Formulated Probiotics
Once Daily Women's

\$28⁹⁹

30 vcap



Natural Factors
WellBetX® Berberine 1000 mg

\$20⁹⁹

60 vcap



Om Mushrooms
Organic Lion's Mane

\$16⁹⁹

100 g



Ultima Replenisher
Electrolyte Mix
selected varieties

\$14⁹⁹

3.9 oz



Heritage Store
Organic Castor Oil

\$17⁹⁹

16 oz



Aura Cacia
Lavender Essential Oil

\$8⁴⁹

0.5 oz



Mineral Fusion
Nail Polish Remover

\$6⁴⁹

6 oz



EO
Organic Deodorant Spray
selected varieties

\$4⁹⁹

4 oz



Alaffia
Pure Unrefined Shea Butter
selected varieties

\$9⁹⁹

11 oz



Andalou Naturals
Shampoo or Conditioner
selected varieties

\$6⁷⁹

11.5 oz



Chocolate Chia Seed Pudding

5 MIN PREP + 2-4 HR CHILLING TIME • SERVES 2-3 • VEGETARIAN

INGREDIENTS

1 cup milk (whole, almond, oat, etc.)
½ cup plain yogurt
1 teaspoon vanilla extract
¼ cup chia seeds
2-4 tablespoons agave syrup
3 tablespoons cocoa powder, sifted
1 teaspoon mushroom powder
Pinch of salt
Shaved chocolate, for garnish
Sliced almonds, for garnish
Mint leaves, for garnish

DIRECTIONS

- 1 Whisk together all ingredients through salt in a mixing bowl until smooth. Adjust sweetness to taste and place in the refrigerator for 2-4 hours to thicken.
- 2 Spoon pudding into serving dishes and garnish with shaved chocolate, sliced almonds, and mint leaves.

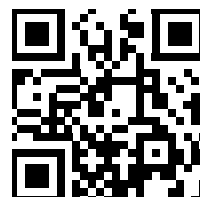


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



NE-A